



December 2019

**Happy Holidays from AgSafe Alberta!**

We at AgSafe Alberta are looking forward to the holiday season as a chance to celebrate with friends and family. As you attend events and festivities this month, please ensure that you continue to keep safety front of mind and ensure that everyone can enjoy the holidays.

In the new year, the changes to safety legislation will come into effect and AgSafe Alberta will be launching new tools to help your farm or ranch grow the culture of safety. Look for us at may events across the province and give us a call to present a workshop in your area.

We wish all of the farms and ranches we serve a wonderful holiday season and safe and successful 2020.

Happy Holidays from the staff and advisors at AgSafe Alberta

*Jody, Laura, Sherri, Maria, Rob and Ellen*



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Count down the holidays with us with our **12 Days of Safety** campaign!



Follow along on [Instagram](#) and [Twitter](#) starting December 8

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## 7 Holiday Safety Concerns in the Workplace

### Fatigue

*Fatigue is a complex issue that does not have one single solution. One idea to help overcome seasonal fatigue is to consider longer breaks or altering work schedules.*

### Rushing and frustration

*When we're rushed or frustrated, we are more likely to slip, trip, or fall (see below), bump into machinery, or forget to perform small but vital tasks.*

### Ladder safety

*When using a ladder to decorate or hang lights, we should check the ladder's stability and never place a ladder on a surface other than the ground. Keep an eye out on more ladder safety tips during our 12 Days of Safety!*

### Electrical safety

*Have all decorative lights been tested for safety by a recognized testing laboratory? Make sure that are also undamaged and don't overload the sockets.*

### Slips, trips, and falls

*Snow, ice, and rain combined with days that get darker earlier make it easy to misjudge footing or miss a step outside.*

### **Food safety**

*Be mindful of allergies as well as food handling guidelines during holiday parties when food might be sitting out for some time*

### **Drunk and drowsy driving**

*Drowsy driving should be taken as seriously as drunk driving. Take advantage of taxis, ride-sharing services, as well as charities or companies that will drive your car home for you.*

### **Prepare for the winter hazards**

*It's important to remember that safety doesn't just apply to the workplace, find out more here:*

*<https://safestart.com/news/7-holiday-safety-concerns-workplace/>*

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What are the 8 most common holiday safety hazards? (Hint! Click on the poster above by [SafeStart](http://www.safestart.com) to learn more!)

## Protecting your family this holiday season

There can be many dangers during the holiday season, find out what hazards to watch out for and tips on preventing accidents from happening in this handy booklet from [SafeStart](#)



**SAVE THE DATE** | **AgSafe ALBERTA AGM** | **JANUARY 14, 2020**  
CAMBRIDGE HOTEL, RED DEER, AB  
Featuring guest speaker Eldeen Pozniak  
**REGISTRATION NOW OPEN!**



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