

Talk Led By: \_\_\_\_\_

Date: \_\_\_\_\_

Site/Location: \_\_\_\_\_

Time: \_\_\_\_\_

Weather Report/Conditions:

_____	High: _____ °C	Wind Speed: _____ km/hr
_____	Low: _____ °C	Wind Gusts: _____ km/hr

## Introduction to Restricted and Confined Spaces

Restricted and confined spaces are much more common on farms than most people realize. Just a few examples include:

- Storage or feed bins
- Root cellars
- Sea cans
- Pump sheds
- Septic tanks
- Manure pits
- Silos
- Cisterns
- Conveyor tunnels
- Hoppers/Grain Boxes
- Wells
- Storage tanks
- Composting ponds
- Crawl spaces
- Bunkers

RESTRICTED SPACE	CONFINED SPACE
<ul style="list-style-type: none"> <li>• Enclosed or partially enclosed space</li> <li>• Not designed or meant for people to be in it continuously</li> <li>• Difficult to get in and/or out of because of how it is built</li> <li>• Example: the attic or crawl space of a building</li> </ul> <p>A <b>restricted space</b> could be thought of as a work area that would be difficult to get in or out of and have all other hazards eliminated or appropriately controlled as per Part 2 of the Alberta OHS Code.</p>	<p>Is a <b>restricted space</b> that is or may become <b>hazardous</b> (cause harm) to a person entering it because of:</p> <ul style="list-style-type: none"> <li>• An atmosphere that has too little or too much oxygen, or is flammable, explosive or toxic</li> <li>• A condition or changing set of events that may cause illness or injury</li> <li>• The potential for an activity to produce dangerous or harmful results in the space</li> <li>• The basic characteristics of an activity that can produce dangerous or harmful results in the space (e.g., gases produced by welding reaching harmful concentrations)</li> </ul>

***A restricted space can become a confined space if the conditions or work practices change.*** A space that has been safely entered countless times before can, over time or suddenly, become deadly and it is very possible that someone will not realize it before entering.

Remember, as both restricted and confined spaces are difficult to get in and/or out of, it can be quite challenging to provide first aid, rescue someone, or evacuate a space. This means that everyone will need appropriate training and equipment, as well as familiarity with the **practiced** response plan the farm has in place to respond appropriately should an emergency arise.

